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Plantars' warts what is it?

Plantar warts occur on the sole (plantar surface) of the foot, a virus causes these warts. They can be very painful because the entire weight of the body presses against them continuously when standing or walking. Plantar warts are usually rough, bumpy, and spongy, although some may be thick and scaly. Most are gray or brown and have a center with one or more dark pinpoint. These are tiny capillaries that supply blood to the wart. Scraping the wart may cause it to bleed. Untreated, plantar warts may grow up to an inch in circumference and may spread into clusters.

Post-Operative Wart Surgery

Instructions for all patients

1. After surgery, have all prescriptions filled and take as directed. If there is no prescription given for pain, you may take 2 Extra-Strength Tylenol every 4 hours as needed.
2. In the first 24 hours of surgery, it is not unusual to have bleeding where the wart once was.
3. You may take your normal shower, starting tonight, but leave the bandage on.
4. Avoid taking baths or soaking the foot.
5. After showering, remove the bandage; you can expect to see a slight drainage, this is completely normal. Pat the area dry and apply cream or ointment (Triple Antibiotic, Neosporin, Bacitrican) than place a band-aid over the area.
6. If you have some throbbing, an ice pack may be effective. Ice 20 minutes at a time, do not put ice pack directly on skin; place a thin clothe between the pack and skin.

You may continue your daily activities; however, heavy activities may slow healing or cause reactive tissue to form.

A follow up visit is encourage 1-2 weeks following you procedure, if you cannot keep the appointment please call to reschedule and to avoid a missed appointment fee.

If you have any questions or problems following your procedure please do not hesitate to call.



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